



## PE & Sport Grant Expenditure 2016/17

Number of pupils and PE & Sport Grant received	
Total number of primary pupils on roll	96
Amount of Sport Funding	£13,319
<b>Total amount of Grant received</b>	<b>£13,319</b>
Summary of PE & Sport Grant spending 2016/2017	
<p>Research suggests that children with autism participate in fewer types of physical activity than typically developing children. However, the positive benefits of physical exercise for children on the autism spectrum are also recognised, with children participating in physical activity reported as calmer and more ready to learn.</p> <p>Many children at The Walnuts struggle with learning and developing skills in PE but one area of physical activity that is enjoyed by most is swimming. At The Walnuts all primary classes go swimming each week giving them the opportunity to participate in regular physical activity which improves their wellbeing. As well as having a positive impact on wellbeing and readiness to learn, weekly swimming sessions also mean that many pupils develop a high level of water confidence and some also develop good swimming skills.</p> <p>Some of the money received via the PE and Sport Grant is put towards the cost of swimming for primary pupils, which was £12,584 for the last academic year. The school also buys in yoga sessions and horse riding.</p>	

