



## PE & Sport Grant Expenditure 2013/14

### Number of pupils and PE & Sport Grant received

Total number of primary pupils on roll	81
Amount of Sport Funding	£11,517
<b>Total amount of Grant received</b>	<b>£11,517</b>

### Summary of PE & Sport Grant spending 2013/2014

Research suggests that children with autism participate in fewer types of physical activity than typically developing children. However, the positive benefits of physical exercise for children on the autism spectrum are also recognised, with children participating in physical activity reported as calmer and more ready to learn.

Many children at The Walnuts struggle with learning and developing skills in PE but one area of physical activity that is enjoyed by most is swimming. At The Walnuts all primary classes go swimming each week giving them the opportunity to participate in regular physical activity which improves their wellbeing. As well as having a positive impact on wellbeing and readiness to learn, weekly swimming sessions also mean that many pupils develop a high level of water confidence and some also develop good swimming skills.

The money received via the PE and Sport Grant is put towards the cost of swimming for primary pupils which was £15,883 for the last academic year.