

## Upper 4 Update

Dear Parents,

In this flyer you will find information about some of the topics we will be working on this term, and ways in which you can support your child's learning at home.

### What we will do in school...

**Science:** This term, our topic is 'Mixtures and reactions'. We will be looking at mixtures and reactions using a variety of experiments and making bath bombs. We will look at dissolving things in water and how some solids change when they are heated.

**English:** Our topic this term is 'Memory Box'. Some of us will be making a memory box and some of will be making a scrap book. We will also be developing our communication within class sessions with the speech and language team and throughout all opportunities during the school day. We will practice reading, writing, speaking and listening skills each day.

**Cooking:** We will continue to make our own lunches once a week for students to develop their life skills in looking after themselves and becoming more independent. This term we will continue with a variety of sandwiches, paninis and toasties. Students will follow shopping lists and purchase items to make their lunches once a week.

**Humanities:** This term we will be looking at History and The Vikings. We will compare Viking life to our lives today looking at clothing, homes, jobs, tools and transport.

**Maths:** We will be looking at time in a variety of ways from recognising key events of the day, identifying different clocks, telling the time using 12 hour time and some of us will begin to use 24 hour time and look at TV guides and bus timetables. We will begin to use money in realistic situations when we go shopping once a week. We will be transferring number skills to real life situations, using shopping lists, purchasing, checking change and receipts, in the community and using number in daily tasks.

### What you could do together at home...

Your YP could look at different items in the home that change such as ingredients in cooking, making a cup of tea etc. Point out examples of items changing state in realistic situations such as snow melting, ice cream melting, burning a candle etc. Encourage your YP to look at mixtures further by visiting the library to look for books or research using the computer.

Encourage daily communication skills with all life skills such as shopping, jobs in the home and discuss current issues on the News. Explore family photo albums together discussing the importance of happy memories. Find items in the home with meaning and memories. Encourage your YP to make a memory box or scrap book at home.

Let your YP develop their independent skills in the home, perhaps by making you a cup of tea and helping with the dinner, washing and drying up, help collect items in the supermarket.

Look at information you can research on the internet or at your local library on Viking life. Discuss how life is different today.

Give your YP items to find on the shopping list. Encourage them to practice paying and waiting for change in shops. Discuss everything you have to pay for at home e.g. gas, electric, water bills, council tax, insurance, TV licence, phone, internet, food. Encourage using number skills in daily tasks such as getting items ready and laying the table. Reinforce time throughout the day and evening.

**PSHE:** We will be focussing on looking after our bodies and the effects of diet, drugs and alcohol..We will develop our well-being and self-esteem and develop confidence in asking for help and managing stress and anxiety.



Identify leisure activities you do at home which help to develop self-esteem and well-being. Encourage your YP to identify likes and dislikes in a variety of subjects.



Please send a PE kit (any comfortable shorts, jogging trousers, T-shirt and deodorant) in a bag every Monday. PE is also an opportunity to teach personal hygiene routines and more independence skills. We will not be swimming this year.



Please send in deodorant for your YP to use after PE.



We will write in your child's home school book every week so you know what your child has been doing and how they have been. We will put letters in your home school book. So please look through it every day.

Please write to us regarding how your child has been at home and if you have any concerns, also inform us of any information that you think we should be aware of such as illnesses, eating and sleep patterns or achievements and progress that your child has made and what they have been up to over the weekend.



If there is anything I can help you with or if you have any concerns or questions then please do not hesitate to contact me.

Many thanks

Katie