

## Upper 5 Update

Dear Parents,

In this flyer you will find information about some of the topics we will be working on this term, and ways in which you can support your child's learning at home.

### What we will do in school...

**Science:** We will be completing our work on looking at the body and the purpose of the main organs, looking at how blood works and the importance of exercise. We will also look at electricity and where it is used and where it comes from.

**English:** We will finish looking at using adjectives in our work and begin to look at Shakespeare and what he is famous for and study a scene from a play to dramatise in the class. We will also be developing our daily life skills and communication within class sessions with the speech and language team and also practicing in the community in the library, shopping, cafes, bus etc.

**Cooking:** We will continue to make our own lunches once a week for students to develop their life skills in looking after themselves and becoming more independent. This term we will begin with a variety of sandwiches, paninis and toasties and then progress to hot meals. Students will make menus, follow shopping lists and purchase items.

**Humanities:** We will complete our work looking at Kenya and comparing life there to life in England, finishing with looking at the Maasai tribe. We will be looking at our local community and the places we like best before developing our project into celebrating the 50<sup>th</sup> Birthday of Milton Keynes.

**Maths:** Students will be looking at what money is used for and identifying money. We will be transferring number skills to real life situations, using shopping lists, budgeting, purchasing, checking change and receipts, using time in the community, bus times, using number in cooking.

### What you could do together at home...

Your YP could look at different activities they do at home and how it changes their heart rate and look at fun ways to exercise, even a walk to the local shop. Look at all the different appliances in the home that use electricity and batteries.

Encourage your YP by talking about any Shakespeare plays you know. Research at home/books/internet on who Shakespeare was and his plays, Stratford Upon Avon, The Globe theatre London. Encourage daily communication skills with all life skills such as shopping, jobs in the home.

Let your YP develop their independent skills in the home, perhaps by making you a cup of tea and helping with the dinner, washing and drying up.

What can your YP find out about the Milton Keynes? A good place to start would be <http://www.mkinspire.org.uk/history-of-milton-keynes.html>

Talk about how you remember Milton Keynes and surrounding areas and how they have changed.

Give your YP items to find on the shopping list. Can they find a cheaper alternative on the shelf? Encourage them to practice paying and waiting for change in shops. Discuss everything you have to pay for at home e.g. gas, electric, water bills, council tax, insurance, TV licence, phone, internet, food.

**PSHE:** We will continue to look at the changes in our body during puberty, the importance of understanding private and public and looking after ourselves. We will continue to develop our well-being and self esteem. We will also cover the importance of having different rules including class/school rules and laws and consequences.



Encourage your YP by talking about growing up and having more responsibilities. Discuss current issues on the News. Do you have any rules at home? Discuss rules and consequences of breaking these.



## PE / Swimming

Please send a PE kit (any comfortable shorts, jogging trousers, T-shirt and deodorant) in a bag every Tuesday. We are also swimming this half term on Thursdays. Please send in a swim kit (towel, shower gel, shampoo, deodorant) every Thursday. PE and Swimming is also an opportunity to teach personal hygiene routines and more independence skills.



Please send in deodorant for your YP to use after PE. Please send in Shower gel, shampoo and deodorant for after swimming.



We will write in your child's home school book every week so you know what your child has been doing and how they have been. We will put letters in your home school book. So please look through it every day.

Please write to us regarding how your child has been at home and if you have any concerns, also inform us of any information that you think we should be aware of such as illnesses, eating and sleep patterns or achievements and progress that your child has made and what they have been up to over the weekend.



If there is anything I can help you with or if you have any concerns or questions then please do not hesitate to contact me.

Many thanks

Katie, Nicky, Jen, Caroline and Laura