

## Sixth Form 1

Dear Parent,

In this flyer you will find information about some of the topics we will be working on this term, and ways in which you can support their learning at home. There is also a timetable and a list of related requirements.

Our topic this term is **Keeping Healthy - Looking After Yourself**

What we will do in school...

What you could do together at home...

### PSHE and Life Skills

We are discussing and learning about feelings and emotions and considering strategies which may help to develop awareness of their own emotional states and changes.

Discuss with your son on everyday basis how does he feel and ask about his feelings and emotions. The Transporters DVD would be the great thing to have at home and let the student to watch it as often as possible.

### Functional Literacy

We are matching toiletry words to pictures, sequencing self-care routines using pictures or words. Role plays buying personal care products (every Tuesday)

Discuss the choices they can make while shopping. Can you give your son the opportunity to choose the toiletries he wants to use?

### Functional Numeracy

We are focusing on counting and adding products of personal care. Money work involving buying personal care products. Listing products according to price.

Encourage your child to count money up to £1 and use them every time he is shopping with you. Ask as often as possible to count products for you.

### Knowledge of the World and Creativity

Students will be learning to identify parts of the body and pick the right toiletries to use them. Also the importance of tooth care will be stressed.

Encourage the young person to choose the right toiletries at home in morning and evening routines. Please make sure that brushing their teeth is encouraged at least twice a day.

### Functional ICT

We are learning to use a range of equipment safely for domestic purposes (eg. Vacuum cleaners, washing machines, microwaves, electric kettles etc.)

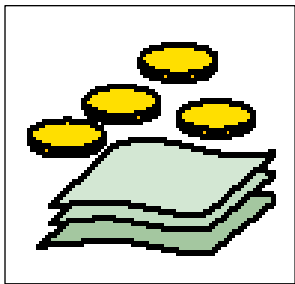
You can make cooking or cleaning together fun and learning at the same time. Please make sure that you do things with your son not for him.



## Swimming - every Wednesday and Friday

Sixth Form 1 will be going swimming at Woughton Pool on Wednesdays and Fridays. The students will be participating in a public swim. Please send a kit in weekly with:

- a swimming trunks
  - a towel
  - shower gel/ shampoo / deodorant
- in a bag that is large enough for them to put all their clothes into.



## Money for the Week.

Please send in money for the week to enable us to go out in the community for snacks and to use the shops. Extra money is also required for special trips, which we will let you know about in advance.



## Home-School Book

We will write in the home-school book daily. Please can you spend a few moments to write in the diary as we read them on a daily basis during registration. Please check home- school books for information sent home.

Thank you for taking the time to read this flyer. If you have any other queries, please don't hesitate to contact us.

*Magdalena Jedowska*