

Maths

Sing counting songs with your child to help them develop an understanding of number & quantity. For those of you with an Ipad we recommend downloading the 'Critter Maths App' to support your child with early maths skills.

Explore early shape & space maths skills in the bath by encouraging your child to fill & empty a variety of different size & shape containers.

Expressive Arts and Design

Explore colours, shapes and textures through a range of autumn art activities.



Personal, Social and Emotional Development

Taking turns: Encourage your child to take turns with you when playing a favourite activity. It could be throwing a ball against a wall, cuddling a teddy or playing a simple Ipad game. Try saying 'My turn, your turn', keeping each turn very short at the start.

Help your child to learn to tolerate delay in a calm & safe environment. Use strategies to help. These could include using a 'wait' symbol, counting down, using a sand timer or singing a short song to help communicate how long the wait will be.

Pine and Cedar Group Activities for Home Autumn 2017

Our topics this term are 'All About Me' and 'My Favourite Things'. We hope you enjoy trying out these home learning activities.



Communication and Language

Shared attention: In Early Years we have been practicing lots of shared attention activities. During circle time an adult has shown the children lots of exciting things, e.g. bubbles, crazy foam, balloon blowing, etc. to help each child find engaging with an adult fun. (If a person is doing something exciting and motivating a child with autism will generally be more interested in that person). We have had so much fun and laughter during these sessions!!



You can do this at home too, with motivating toys such as wind-up toys, letting balloons fly off, etc. Use a countdown; 3,2,1 or 'ready, steady, go....' to build up anticipation and excitement. Keep some toys special for this activity as your child may not see the point of sharing them with you if they can have them all to themselves.

Understanding the World

Find the time to explore some of the features of autumn. Go out for an autumn walk and collect leaves, sticks, pine cones, etc. (send them into school if you wish!). Use your autumn treasures to print with or stick on paper to make an Autumn collage. Once the leaves have fallen from the trees enjoy shuffling through them or throwing piles of them in the air & watching them flutter down to the ground.

Literacy

Reading: look at books together - any books that your child finds interesting. Some children aren't interested in children's books, but love to look at recipe books or car magazines!

Sing lots of nursery rhymes and action rhymes encouraging your child to join in with the actions as they become familiar with the songs.

Writing: help to develop your child's hand strength & coordination needed for drawing and writing. Activities could include moulding play dough, threading large beads, building towers with duplo, using a sponge to soak up water & squeeze it out, picking up objects with tongs, etc.

For those of you with an Ipad, download the 'Injini Child Development' app onto a tablet to support early tracing skills.

Physical Development

Help your child to help themselves to dress and undress.

Show your child different ways of moving their bodies; jumping, running, hopping, rolling to develop their gross motor body skills.

Encourage your child to spread their favourite topping on their toast!