



Walnuts School – Week 3 Summer 2016

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Brown bread available Daily	Sausages and Mash, Mixed veg and Gravy G,D,	Chicken Chasseur with Herby dice potatoes and Green beans	Cod with lemon and Herb coating, new potatoes and sweetcorn F,G	Roast Turkey, Roast Potatoes, Broccoli, Carrots and gravy	Sticky Chicken with rice and carrot salad G
Vegetarian	Vege sausage	Gnocchi and tomato Bake G,D,	Hunza Flan G,D	Polenta Slice with Ratatouille and mozzarella D	Falafels G
Sweet	Cheese and Biscuits	Carrot Cake G,D,E	Yoghurt scones G,D,E	Rhubarb and custard cake G,D,E	Flapjack G,D
Special Diet	Gf sausage GF &DF Cheese and biscuitsS	Gluten and Dairy free Cake	Plain Fish GF&DF Scones	GF&DF Cake	

G=Gluten, D= Dairy, S=Soya, F=Fish, E=Eggs, M=Mustard S* =Sulphites

Week 1

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