



Walnuts School – Week 2 Summer 2016

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Brown bread available Daily	Jacket Potato with Tuna Mayo and mixed Salad F,D,M,E	Spaghetti Bolognese With Tomato and Basil Salad G	Tandoori Salmon, savoury Rice and peas F,M	Roast Chicken Stuffing, Roast potatoes ,cabbage, sweetcorn and gravy G,D	Cheese and Potato Pie with Baked Beans D
Vegetarian	Jacket potato and Beans	Lentil Bolognese	Harrissa stuffed Pepper	Butterbean Moussaka G,D	NA
Sweet	Banana, oat and chocolate Muffin G,D,E	Passion fruit Cheesecake D,G	Cocoa and beetroot brownie G,D,E	Fruit Jelly	Fruit Yoghurt D
Special Diet	Plain Tuna GF&DF Muffins	GF Spaghetti Dairy free dessert	DF Tandoori Salmon GF& DF Brownie	Vegetarian Jelly	DF Cheese and potato Pie Df Yoghurt

G=Gluten, D= Dairy, S=Soya, F=Fish, E=Eggs, M=Mustard S* =Sulphites