

## PARENT TRAINING SPRING TERM 2016

Date	Course	Leaders and venue
<b>JANUARY</b>		
Monday 11 January 10.0 - 11.00 am	NAS Healthy Minds Information Meeting This course is for the parents of children aged 5 - 12 years who have completed a basic course on autism. It looks at emotional well being and resilience.	Jemma Silverthorne and Candy Goode  Greenleys Family Centre
8 weeks beginning Tuesday 19 January 9.30 - 12.00	NAS EarlyBird Plus course (Fully booked)	Laura Piper and Lisa Munro Greenleys Family Centre
Thursday 21 & 28 January 9.30 - 12.00	NAS Autism Seminar: Understanding and managing behaviour	Nikki Slaughter  Main site, Hazeley
<b>FEBRUARY</b>		
Tuesday 2 February 6.30 - 7.30 pm	Preparing for the future (for parents of Y9 and above)	Andrew and Sara Tunncliffe Main site, Hazeley
Wednesday 3 February 9.30 - 10.30 am	Toileting issues	Beccy Brown and Kim Harman Hertford place
Six sessions starting Monday 8 February 10.00am - 12.30 pm	Healthy Minds Course (limited places only)	Jemma Silverthorne and Candy Goode Greenleys Family Centre
Tuesday 23 February 9.30 - 10.30 am	PDA (Pathological Demand Avoidance) Syndrome. Useful strategies.	Sara Tunncliffe Main site, Hazeley
Friday 26 February 9.30 - 10.30 am	SCERTS Approach for Language partners (including PECS, social communication and emotional regulation). Appropriate for parents of children using single words to communicate	Helen Davey and Dinah McCarthy Main site, Hazeley
<b>MARCH</b>		
Wednesday 2 March 9.30 - 10.30 am	Reading: Supporting learning at home	Sadia Amin and Claire Olsen Hertford Place
Tuesday 8 March 9.30 - 10.30 am	NAS EarlyBird plus Information meeting This is an 8 week course for families of 4 - 8 year olds, and covers autism, communication and behaviour management	Jenny Bannister and Jemma Silverthorne Hertford Place
Monday 14 March 10.0 - 11.00 am	Using Numicon resources to support maths	Angie O'Gorman and Lucy Okwuadigbo Hertford Place